



***** WEEKLY BULLETIN *****

MONDAY, 20 DECEMBER 2021

MEALS

Breakfast: 7:00-9:00 a.m., Extended Breakfast 9:15- 10:30 a.m.,
Lunch: 11:30 a.m. to 1:00 p.m., Extended Lunch 1:15-3:30 p.m.,
Supper: 4:30-6:00 p.m.

WELCOME / FAREWELL / IN MEMORY OF:

WELCOME: N/A

FAREWELL: N/A

IN MEMORY OF: Mr. Charles T. Jones, Jr., USAF; Mr. Gary D. Smith, USA

RESIDENT POPULATION: 215

AVERAGE AGE: 85

ADMINISTRATION UPDATES & NEWS:

NOTE: COVID Safety: The DC area currently has had a large increase in positive COVID cases in the past week. Please follow our safety practices by social distancing, wearing a mask while indoors and sanitize/wash your hands often, especially when entering the Dining Room. Please stop in to the Wellness Center for a test if you believe you have been exposed or are not feeling well or have not been tested recently. Testing is available 24/7. The school (CMI) on campus shut down last week due to the number of positive cases but there was no contact with any staff. Let's continue to fight this battle and look out for each other!

NOTE: Hand Hygiene: COVID variants are still going strong, please remember to sanitize or wash your hands often. Using the hand sanitizer outside the Dining Room is *mandatory for entry*. Let's keep our campus free of viruses!

FROM THE OMBUDSMAN:

NOTE: The time for giving is here and you can be "The Face of Change" by giving to your favorite charity through the Combined Federal Campaign. Interested Residents, please see the Ombudsman to donate. Staff may donate on line at

<https://cfcncg.givecfc.org/>

NOTE: The next 'Dinner and a Beer' will be Wednesday, December 22nd.

NOTE: Edwin Robles of the Virginia Veterans Services will next visit on WEDNESDAY, December 29th.

NOTE: "I wish all Residents and Staff a Blessed Holiday!" – Mr. Chris Kempner.

RESIDENT SERVICES OPERATIONS UPDATES & NEWS:

NOTE: Please purchase your guest Christmas Meal tickets no later than December 23rd while remembering that all resident guests must wear a Green Badge in Scott Dining Hall.

NOTE: It is each resident's responsibility to inform the Security Office when they depart the campus on vacation. By having your door lock "pinned" it safeguards your room and tells the staff not to enter it during the daily safety inspections that are required to be conducted.

NOTE: The Anderson Suites are now open for vaccinated guests. Currently, there are a limited number of rooms in use, so the length of stay and number of rooms permitted for each Resident will be limited to 3 days. Recommend you make your reservations early!

NOTE: 2021 Christmas Mass Times: Christmas Eve, December 24th, Rose Chapel, 7 PM; Christmas Day, December 25th, Scott Meditation Room, 8:30 AM; The Feast of the Holy Family, December 26th, Rose Chapel, 9 AM.

FROM HEALTHCARE SERVICES:

IL/ILP Healthcare Services Contacts: Mr. Leonard Johnson, Wellness Center Clinical Nurse Supervisor may be reached at (202) 541-0668. Mrs. Stella Iyile, ILP Clinical Nurse Supervisor may be reached at (202) 541-1423.

Assisted Living Clinical Nurse Supervisor Contact:
Mrs. Baindu Mansaray-Smith, Assisted Living Clinical Nurse Supervisor may be reached at (202) 541-1404

Long-term Care & Memory Support Clinical Nurse Supervisor Contact:
Mr. Olubunmi Akindele, LTC & MSU may be reached at (202) 541-7690

Director of Nursing: Ms. Gladys Osuchukwu (202) 541-7711
Chief of Healthcare Service: Dr. Patricia Howard (202) 541-7712

Chat with the Chief of Healthcare Meeting: Monday, January 24, 2022.

The following activities are scheduled beginning 20 December:

MONDAY, 20 DECEMBER

- 0900 Corn Hole - Community Center
- 1100 Qi Gong – Theater
- 1130 Popcorn – Community Center Lobby
- 1300 Bingo – Community Center**
- 1330 Movie (*Christmas Miracles at Sage Creek*) – Theater

TUESDAY, 21 DECEMBER

- 1100 WORD Trivia - Community Center Lobby
- 1330 “*Lt Dan Band*” Documentary – Theater
- 1400 SPECIAL - Residents & Staff Bowling - BC**
- 1530 Bible Study – Meditation Room**

WEDNESDAY, 22 DECEMBER

- 1100 Qi Gong – Theater
- 1230 IL Santa Sleigh Deliveries**
- 1830 Inspirational Movie (*Touched by an Angel*) - Meditation Room

THURSDAY, 23 DECEMBER

- 1000 Judging the Door Contest**
- 1300 Name That Holiday Tune - Community Center**
- 1800 Movie (*Don’t Breathe*) - Theater

FRIDAY, 24 DECEMBER – CHRISTMAS EVE – FEDERAL HOLIDAY

- 1600 Holiday Social – Defender’s Inn**
- 1800 Movie (*A Madea Christmas*) – Theater

SATURDAY, 25 DECEMBER

- 1330 Musical Matinee - Theater
- 1800 Movie (*Silent Night*) – Theater

SUNDAY, 26 DECEMBER

- 0900 Protestant Service – Meditation Room
- 0900 Catholic Mass – Rose Chapel
- 1015 Protestant Service – Stanley Chapel
- 1800 Movie (*Diamonds*) – Theater